

The Heilkunst Alternative to Health

Recently a patient called to see if Heilkunst could do anything for a throat infection. Her son had just gotten sick and many kids at school had been diagnosed with strep throat. I told her to bring him in.

Understandably she was a little nervous about having strep throat treated with Heilkunst, using homeopathic remedies. After all, haven't we all been warned that untreated strep throat can lead to Rheumatic Fever? Yet Doctor Robert S. Mendelsohn, M.D., author of *How to Raise a Healthy Child In Spite of Your Doctor* (Random House, 1984) writes: "During a quarter of a century in a pediatric practice that had more than 10,000 patient contacts a year, I saw only one case of rheumatic fever. The disease is rarely seen except among malnourished children living in the crowded conditions associated with desperate poverty."

It's important to remember that in a life or death situation, we should always head to the local emergency room. However, many of the acute situations that pop up daily, can be handled by your Heilkunst physician. And they'll be handled in a gentle way that cares for the body and respects its natural attempts to heal itself.

I asked the boy (with strep throat) if something had happened that upset him recently; "Maybe someone angered you and you wanted to yell, but didn't?" It turned out that he and his sister had argued three days earlier, but because they had to catch the school bus, he just swallowed his anger down. This was key information to curing his throat infection!

After a brief examination and a through conversation to discern all of his symptoms, I sent my patient home with a clearing dose of Staphisagria (remedy for anger/frustration/victimization), a dropper of homeopathic Strep (cause like cures like!) and some other remedies to make him feel more comfortable.

While our modern medical system is largely based on Louis Pasteur's germ theory (that the human body is completely free of organisms and only gets symptoms when it has been invaded by a bacteria, virus, or fungus), there

have been other theories that make more sense, yet didn't make it into the medical texts. One such theory comes from Antoine Bechamp who told us that our bodies are pleomorphic (shapeshifters)!

Let's apply his theory to my young patient...

Boy gets angry at his sister, but is unable to express his anger and swallows it. His life-force knows that it must get rid of this energy and so it immobilizes a fever in order to burn the energy out. It also knows that there will be cellular die off from the heat and so it awakens the (already present, shapeshifting) strep bacteria in the throat and instructs them to switch to their "active" phase in order to eat the cellular die off that will invariably follow the inflammation. Boy gets a fever and sore throat. Mom takes boy to a medical doctor. A bacterial infection is diagnosed and antibiotics given. The antibiotics kill the bacteria in the throat and affects the symptom control centre of the brain, so that the boy thinks he feels better. The antibiotics have efficiently destroyed a part of the boy's body and suppressed its natural attempts to heal itself, effectively creating a larger toxic load for it to deal with the next time.

OR...

Mom takes boy to a Heilkunst physician. The underlying disease state (anger) is identified as the reason for the symptoms (fever, sore throat, lethargy) and the appropriate homeopathic remedy(s) given. Two days later the boy is back at school and feeling great!