

SEQUENTIAL TIME LINE EXAMPLE

1. Birth (1965. 37 in 2002) I was the youngest of two children, and a surprise. Mom was not ready for another child. She was sick through pregnancy, but fine, easy birth, not medicated.
2. Chickenpox about 3 or so, covered with pox head to toe. Smallpox vaccination before kindergarten.
3. Got a shot in school, maybe and reacted to it, got sick to stomach, fever, broke out in hives all over, about 6 then. DPTP?
4. When was 6 or so was playing outside, was hit in head with rock, got stitches then, freezing.
5. Planter's warts burned off feet at 8 or 9.
6. Bitten by dog at age 9, tetanus shot.
7. Injured back at age 10, skating accident.
8. Broke wrist and long time healing, age 12.
9. *Chief Complaint:* Migraines, began at 14, at onset of puberty, use Imitrex only when have to, about five days a month.
10. Betrayal of best friend (I was 16) and distrust of people as a result, a lot of anger and the loss of that relationship and others involved in it at the time.
11. Started taking the pill at 18 years.
12. Relationship dissolved at age 18, broken heart, grief, envy.
13. Tried smoking grass from age 19 to 20.
14. Dental work from age 20. Bad dental problems for years, abscesses, and work on them from age 20 to 28.
15. And on Phenobarbitol starting in 1985.
16. When pregnant was sick 9 months, had a daughter. Birth was fine, went into hard labour and had her in two hours. No medication.

17. Concussion at 23 with first seizure, stitches then, CAT scans, Ultrasound, EKG, EEG, dye injected for CAT scan.
18. *Chief Complaint:* Epileptic seizures last 15 years, last seizure was 10 years ago, was off meds for five years, then when started again, so on Tegretol now. When first diagnosed with them it was thought seizures might have been from birth, physical stress from childbirth.
19. Vaccinations for travel in 1990, Hep A and Typhoid.
20. Tubes tied at age 27, was on the Pill before that from 18 to 26, then tied. Surgery okay, but had headaches from meds and vomiting.
21. Problems with my period, so when tubes tied had D&C too, but it was no better, period came every two weeks.
22. Then burned lining of uterus with laser in 1992 and that helped.
23. All teeth were removed at age 28. Had 1-2 pulled each week over several months, freezing only.
24. Seizures started again, so on Tegretol now.
25. My father died in 2001 and there was grief, and anger at the treatment in the hospital.